

CISPC
ELEMENTARY AND
MIDDLE SCHOOL

2009-2010

ATHLETICS HANDBOOK

CISPC ELEMENTARY AND MIDDLE SCHOOL ATHLETICS HANDBOOK

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DIOCESAN PHILOSOPHY OF SCHOOL-SPONSORED ATHLETICS

The greatest strength of the elementary and middle Catholic schools of the Diocese of Baton Rouge is the opportunity and responsibility of the administration of each school to consider and use the uniqueness of its circumstances to provide the best Catholic education possible for its students. Within this basic tenet, the first priority of such schools is the overall development and growth of each of our students: spiritually, socially, mentally, emotionally, and physically. School-sponsored intramural and interscholastic athletic programs provide a medium by which students can develop an awareness of their abilities, learn and improve athletic skills, acquire the true meaning of and practice sportsmanship, be a part of a team effort, and have experiences, which form foundations for life, particularly in the student's self-esteem and feeling of belonging.

Such programs should emphasize the positive accomplishments of the individual through recognition and praise, development of skills and understanding of the game through instruction and positive constructive criticism, and increased understanding of group effort and interaction toward a common goal. Athletics should be a component of and interact with the spiritual, social, and academic components of the overall school program. Administration, faculty, staff, coaches, parents, and fans are necessary components in nurturing a positive Catholic athletic experience. Schools with interscholastic programs should participate in leagues or programs consistent with this philosophy and that of the individual school.

SCHOOL PHILOSOPHY

Catholic of Pointe Coupee provides the opportunity for school-sponsored sports organized for inter-school competition for the development of physical skills, good health, good sportsmanship, and Christian character. Additionally, alternative school-based sports programming is sought.

A Winning Purpose . "The purpose of athletics at CHSPC is to enhance the educational experience of students by teaching self-discipline and good sportsmanship and by fostering cooperative attitudes

through teamwork. Students' improvement in skills and development of confidence shall take precedence over a favorable win-loss record.”

A Winning Philosophy .We WIN when our students, by their participation in our athletic programs:

- (1) Develop pride in themselves and in their teammates, team, school, and church parish.
- (2) Develop respect for the rights and privileges of their teammates, coaches, opponents, and officials.
- (3) Succeed academically.
- (4) Develop a sense of responsibility to the team and their teammates.
- (5) Communicate with their teammates and coaches candidly.
- (6) Develop a desire to excel and be the best they can be.
- (7) Mature mentally, emotionally, physically, and socially.
- (8) Become willing to make personal sacrifices, putting team achievement ahead of personal achievement.
- (9) Enjoy the spirit of competition.
- (10) Accept victory and defeat with dignity.
- (11) Become leaders on and off the field.

PROGRAM GUIDELINES

- (1) We would rather lose games than lose student-athletes. All participants shall receive equal instruction in the rules and strategy of the sport and shall be provided equal opportunity to develop basic skills.
- (2) Students will be provided an opportunity to participate in a school-sponsored sport. However, participation on a school-sponsored team is not always possible. Alternatives, such as school-based sports, will be sought when warranted.
- (3) Coaches shall encourage cooperative teamwork between student-athletes of widely different abilities and shall prevent separation of highly skilled and lesser skilled groups of student-athletes on a team.
- (4) No student-athlete shall be publicly embarrassed or loudly criticized by coaches or by teammates. Coaches shall correct student-athletes in a dignified manner in a spirit of encouragement.
- (5) No student-athlete or coach shall publicly criticize or openly show displeasure toward game officials.
- (6) During games, all student-athletes shall play an adequate amount of time to make them feel part of the team effort. However, attendance and participation at practice, attendance at games, conduct, and attitude will be considered.
- (7) Coaches shall encourage chatter between teammates and discourage razzing of the opposition.

STUDENT STANDARDS

Students who represent Catholic of Pointe Coupee are to show good sportsmanship at all times and in all places. Students who participate in school athletics must:

- (1) Put forth effort in academic work.

(2) Be cooperative with teachers and coaches.

The following are the requirements for the fifth through eighth graders who participate in our CSAL sports. Eligibility will be based on academic performance and disciplinary matters as described below:

ACADEMICS

Students must maintain an overall “C” average (2.0 GPA and above) in the subject areas which receive number and letter grades for the nine weeks. Progress reports will not be used to determine eligibility. Eligibility will be based on each nine week reporting period and will only be reevaluated at the next reporting period. The results of the previous year’s fourth nine week’s report card grades will be used to determine eligibility for sports played throughout the first nine weeks of the school year. Each subsequent report card will determine eligibility for the entire nine weeks period that follows.

DISCIPLINE

Student athletes should conduct themselves in a manner that exhibits Christian attitudes and morals. In the event that the student athlete exhibits improper conduct at school or school sponsored events, school Administration and Athletic Directors reserve the right to remove a student from playing eligibility.

PLAYER’S SPORTS CODE

- I am humble in victory and gracious in defeat.
- I respect my coach and the officials and accept their authority without question.
- I represent my school with class.
- I develop character by working toward a goal over time.
- I will not quit.

RULES

- 1. The school administration reserves the right to remove any student from sports eligibility should a serious incident occur during the school day or at a sports or school related activity.*
- 2. No student may participate in a scheduled practice or sports event on the same day that the student is absent, checks out for the day or is suspended from school.*
- 3. No student or younger child should be at an athletic event as a spectator without a parent or responsible adult present.*
- 4. Participation restriction Students also participating on non-school sponsored sports teams are expected to give first priority to the school team.*

SCHOOL-SPONSORED PROGRAMMING CSAL

The school-sponsored sports program is administered by the athletic director subject to the approval of the principal. There is a program liaison at school for on-site coordination. The program includes basketball (6th through 8th grade boys and girls), tackle football (6th through 8th grade boys),

track and field (7th through 8th grade boys and girls), and volleyball (6th through 8th grade girls). We participate in the Catholic School Athletic League (CSAL) of the Diocese of Baton Rouge.

PURPOSE OF CSAL The CSAL is an extracurricular sports program operated through the Diocesan Principals Association. The CSAL is organized to provide an opportunity for students enrolled in Catholic schools of the Diocese of Baton Rouge to participate in an organized interscholastic athletic program which is consistent with the philosophy and values of the diocesan schools.

The CSAL is divided into divisions based on enrollment for league play. No standings are kept nor championships awarded or recognized.

BOYS BASKETBALL

The season begins in mid November and concludes in March. League games are limited to no more than 14. In addition, each team may play in one or two tournaments. A SIGNIFICANT TIME COMMITMENT IS REQUIRED. Practices are held after school, in the evenings and on weekends based on coach and gym availability. League games are played on weekday evenings and Saturday mornings; tournaments are held on Fridays and weekends. In the 6th and 7th grade leagues, each student-athlete must play at least one full quarter of the game. Each student-athlete is issued a game shirt and short which must be turned in after the season. Fee . \$25 for 6th graders. (7th & 8th graders are assessed an activity fee as part of tuition)

Age\Grade Eligibility . The 6th grade team is open to 6th graders who will be at least 10 on September 30th and who will not become 13 prior to September 1st. The 7th grade team is open to 7th graders who will not become 14 prior to September 1st. The 8th grade team is open to 8th graders who will not become 15 prior to September 1st. However, a boy repeating the 8th grade may not participate if he has previously played CSAL basketball as an 8th grader.

Tryouts . For each team, tryouts are held to form a roster with a minimum of 7 players and a maximum of 10 players. Consideration will be given to a student-athlete's conflicts with practices and games. In the 6th, 7th, and 8th grades, participation in the tryouts is required to be eligible to be a member of the CSAL or CYO teams.

GIRLS BASKETBALL

The girls' basketball season begins in August and concludes in mid November. League games are limited to no more than 14. In addition, each team may play in one or two tournaments. A SIGNIFICANT TIME COMMITMENT IS REQUIRED. Practices are held after school, in the evenings and on weekends based on coach and gym availability. League games are played on weekday evenings and Saturday mornings; tournaments are held on Fridays and weekends. In the 6th and 7th grade leagues, each student-athlete must play at least one full quarter of the game. Each student-athlete is issued a game shirt and short which must be turned in after the season. Fee . \$25 for 6th graders (7th & 8th graders are assessed an activity fee as part of tuition)

Age\Grade Eligibility . The 6th grade team is open to 6th graders who will be at least 10 on September 30th and who will not become 13 prior to September 1st. The 7th grade team is open to 7th graders who will not become 14 prior to September 1st. The 8th grade team is open to 8th graders who will not become 15 prior to September 1st.

Tryouts . For each team, tryouts are held to form a roster with a minimum of 7 players and a maximum of 10 student-athletes. Consideration will be given to a student-athlete's conflicts with practices and games. In the 6th, 7th, and 8th grades, participation in the tryouts is required to be eligible to be a member of the CSAL or CYO teams.

FOOTBALL

The boys' football season begins in August and concludes in mid November. A SIGNIFICANT TIME COMMITMENT IS REQUIRED. Practices may be held after school, in the evenings and on weekends. League games are limited to seven and are played on Sunday afternoons. Each student-athlete is issued a game jersey and practice jersey which must be turned in after the season. In addition, each student-athlete is issued a helmet, shoulder pads, pants and other pads. However, each student-athlete must provide his own shoes and mouth piece. Fee: \$75 for 5th and 6th graders. (7th & 8th graders are assessed an activity fee as part of tuition)

Age\Grade\ Weight Eligibility - The 5th & 6th Grade team is open to 5th & 6th graders who will be at least 10 on September 30th and who do not become 13 prior to September 1st. The 8th Grade team is open to 7th and 8th graders who will not become 15 prior to September 1st. However, a boy repeating the 8th grade may not participate if he has previously played CSAL football as an 8th grader. Also, a boy who reaches 14 prior to September 1st may not weigh more than 150 pounds. NOTE that anyone weighing more than 150 pounds is restricted to playing a down lineman position.

TRACK

The track and field season begins in mid February and concludes in late April. Practices are generally held after school. The team participates in Varsity weekday meets. Each student-athlete must wear the CHSPC PE uniform or a school provided track uniform. If there are enough 7th and 8th graders participating, they will compete in CSAL sponsored junior high track meets on Saturdays.

Age\Grade Eligibility(for CSAL Middle School meets) . The 6th grade team is open to 5th and 6th graders who will be at least 10 on September 30th and who do not become 13 prior to September 1st. The 8th grade team is open to 7th and 8th graders who will not become 15 prior to September 1st. However, a student repeating the 8th grade may not participate if the student has previously participated in CSAL track as an 8th grader.

VOLLEYBALL

The girls' volleyball season begins in mid February and concludes in early May. League matches are limited to no more than 14. In addition, each team may play in one or two tournaments. A SIGNIFICANT TIME COMMITMENT IS REQUIRED. Practices are held after school, in the evenings and on weekends based on coach and gym availability. League matches are played on weekday evenings and Saturday mornings; tournaments are held on Fridays and weekends. In the 6th and 7th grade leagues, each match will consist of three games, regardless of outcome, and each student-athlete must play at least one full game of the match. Each student-athlete is issued a game shirt and short which must be turned in after the season. Fee \$25 for 6th graders (7th & 8th graders are assessed an activity fee as part of tuition)

Age\Grade Eligibility . The 6th grade team is open to 6th graders who will be at least 10 on September 30th and who do not become 13 prior to September 1st. The 7th grade team is open to 7th graders who will not become 14 prior to September 1st. The 8th grade team is open to 8th graders who will not become 15 prior to September 1st. However, a girl repeating the 8th grade may not participate if she has previously played CSAL volleyball as an 8th grader.

Tryouts . For each team, tryouts are held to form a roster with a minimum of 10 student-athletes and a maximum of 12 student-athletes. Consideration will be given to a student-athlete's conflicts with practices and matches. In the 6th, 7th, and 8th grades, participation in the tryouts is required to be eligible to be a member of the CSAL or CYO teams.

BOYS BASEBALL

The baseball season begins in mid February and concludes in late April. Practices are generally held after school. A SIGNIFICANT TIME COMMITMENT IS REQUIRED. Practices are held after school, in the evenings and on weekends based on coach and field availability. League matches are played on weekday evenings and Saturday mornings; tournaments are held on Fridays and weekends. Each student-athlete is issued a game shirt and cap (cap may be kept by athlete) which must be turned in after the season. Fee . \$25 for 5th and 6th graders (7th & 8th graders are assessed an activity fee as part of tuition)

Age\Grade Eligibility . The 5/ 6th grade team is open to all 5th and 6th graders who do not become 13 prior to April 30. The 7th/8th grade team is open to 7th & 8th graders who do not become 15 prior to April 30. In addition, each student-athlete must be CHSPC eligible as to academics and discipline.

Tryouts . For each team, tryouts are held to form a roster with a minimum of 10 student-athletes and a maximum of 14 student-athletes. Consideration will be given to a student-athlete's conflicts with practices and matches. Depending on the number of students trying out, there will be two 7th & 8th grade teams and two 5th & 6th grade teams.

GIRLS SOFTBALL

The softball season begins in mid February and concludes in late April. Practices are generally held after school. A SIGNIFICANT TIME COMMITMENT IS REQUIRED. Practices are held after school, in the evenings and on weekends based on coach and field availability. League matches are played on weekday evenings and Saturday mornings; tournaments are held on Fridays and weekends. Each student-athlete is issued a game shirt and cap (cap may be kept by athlete) which must be turned in after the season. Fee: \$25 for 5th and 6th graders (7th & 8th graders are assessed an activity fee as part of tuition)

Age\Grade Eligibility . The 5th/6th grade team is open to 5th and 6th graders who do not become 13 prior to April 30. The 7th/8th grade team is open 7th and 8th graders who will not become 15 prior to April 30th. In addition, each student-athlete must be CHSPC eligible as to academics and discipline.

Tryouts . For each team, tryouts are held to form a roster with a minimum of 10 student-athletes and a maximum of 14 student-athletes. Consideration will be given to a student-athlete's conflicts with

practices and matches. Depending on the number of students trying out, there will be one 7th & 8th grade team and one 5th & 6th grade team.

REQUIRED FORMS .[The required forms are distributed at practice or may be obtained from the athletic director, the school office, or the school’s “Athletics” web page.]

- (1) Medical History Evaluation/Health Examination Form. Prior to participation in school-sponsored football, volleyball, or basketball, a completed medical history/health examination form must be signed and submitted indicating the student has taken and passed a medical exam within at least the prior 365 days. A medical history/health examination form must be on file for every student who participates in school-sponsored athletics during the school year.
- (2) Registration, Consent, Medical Authorization, & Wavier Form/Parent Pledge. Prior to participation in any school-sponsored sport, a completed “Registration, Consent, Medical Authorization, and Waiver Form/Parent Pledge” must be signed and submitted.

SELECTION OF COACHES Head coaches are selected by the athletic director, with the approval of the principal, and must be high school graduates or older. Assistant coaches are selected by head coaches, with the approval of the athletic director and principal, and must be high school students or older. The primary factors considered in the selection of coaches are:

- Evidenced Christian values
- Depth of character and personality
- Ability to communicate with athletes
- Technical knowledge of sport

PLAYING RULES Copies of playing rules for the various sports may be viewed at the school office or through the athletic director.

GAME-PRACTICE SCHEDULING Games are scheduled by the CSAL based upon team and gym or field availability. Tournaments are scheduled by the athletic director based on the league schedule and gym availability. Participation in tournaments and track meets at other schools is determined by the athletic director. Practices are scheduled based on the league schedule and coach and gym, field, or track availability.

AWARDS The CSAL does not provide awards.

GRIEVANCE PROCEDURE The principal and athletic director are available to discuss program, sport, coach, or student-athlete problems or concerns. However, student-athletes and parents are urged to first discuss the problem or concern with the coach, where applicable and practicable. If further discussion is warranted do so with the athletic director. Finally, if the matter is still not resolved, the principal should be contacted.

SCHOOL-BASED PROGRAMMING **BATON ROUGE CYO**

The school-based sports program is administered by the program director, with the advice and assistance of the principal. The program, based upon team and league feasibility, includes basketball (5th through 8th grade boys and 5th grade girls), and volleyball (5th through 8th grade girls). The school-based sports program, which is not available to any student who is listed on a CSAL roster, is administered by the middle school athletic director. We participate in the Baton Rouge CYO.

PURPOSE OF CYO The Baton Rouge CYO sports programming is dedicated to improving the youth sports experience for children in the community. The number one goal is for all participants to have a fun experience in the activity.

No standings are kept nor championships awarded or recognized.

BOYS BASKETBALL

The season begins in December and concludes in March. Practices are held after school, in the evenings and on weekends based on coach and gym availability. Games are scheduled at participating schools and are played on weekday evenings and Saturday mornings. Each student-athlete must play at least one full quarter of the game. Each student-athlete is issued a game shirt and short which must be turned in after the season. Fee - \$25 for 5th and 6th graders. (7th & 8th graders are assessed an activity fee as part of tuition)

Age\Grade Eligibility . The CYO 5th grade team is open to 5th graders who do not become 12 prior to September 1st. The CYO 6th grade team is open to 6th graders who will not become 13 prior to September 1st. The CYO 7/8th team is open to 7th and 8th graders who will not become 15 prior to September 1st. In addition, each student-athlete must be CHSPC-eligible as to academics and discipline, be CSAL-eligible, and, for the 6th, 7th, and 8th grades, have participated in the CSAL team tryouts.

Teams. If signup/turnout warrants, multiple teams will be formed. Each team will have a separate coach and separate league schedule. A team roster will have a minimum of seven players and a maximum of 10 players.

GIRLS BASKETBALL

The 5th grade girls' basketball season begins in August and concludes in mid November. Practices are held on after school, in the evenings and weekends based on coach and gym availability. League games are played on weekday evenings and Saturday mornings and are played at participating schools. Each student-athlete must play at least one full quarter of the game. Each student-athlete is issued a game shirt and short which is retained by the student-athlete after the season. Fee - \$25 for 5th and 6th graders. (7th & 8th graders are assessed an activity fee as part of tuition)

Age\Grade Eligibility . The CYO 5th grade team is open to 5th graders who do not become 12 prior to September 1st.

Teams. If signup/turnout warrants, multiple teams will be formed. Each team will have a separate coach and separate league schedule. A team roster will have a minimum of seven players.

VOLLEYBALL

The girls' volleyball season begins in February and concludes in early May. Practices are held after school, in the evenings and on weekends based on coach and gym availability. Matches are played on weekday evenings and Saturday mornings and are played at participating schools. Each match will consist of three games, regardless of outcome and each student-athlete must play at least one full game of the match. Each student-athlete is issued a game shirt and short which must be turned in after the season. Fee . \$25 for 5th and 6th graders (7th & 8th graders are assessed an activity fee as part of tuition)

Age\Grade Eligibility . The CYO 5th grade team is open to 5th graders who do not become 12 prior to September 1st. The CYO 6th grade team is open to 6th graders who will not become 13 prior to September 1st. If warranted, the CYO 7/8th team is open to 7th and 8th graders who will not become 15 prior to September 1st. In addition, each student-athlete must be CHSPC eligible as to academics and discipline, be CSAL-eligible, and, for the 6th, 7th, and 8th grades, have participated in the CSAL team tryouts.

Teams. If signup/turnout warrants, multiple teams will be formed. Each team will have a separate coach and separate league schedule. A team roster will have a minimum of 10 players and a maximum of 12 players.

REQUIRED FORMS [The required forms are distributed at practice or may be obtained from the athletic director, the school office or the school's "Athletics" web page.]

Registration, Consent, Medical Authorization, and Wavier Form/Parent Pledge. Prior to participation in a school-based sport, a completed "Registration, Consent, Medical Authorization, and Waiver Form/Parent Pledge" must be submitted. This form will be made available by the program director.

CYO Registration Form. Prior to participation, a completed CYO Registration Form must be submitted. This form is made available to the program director by the CYO.

SELECTION OF COACHES Coaches are selected by the program director, with input from the principal. Head coaches must be high school graduates or older and assistant coaches must be high school students or older. The primary factors considered in the selection of coaches are:

- Evidenced Christian values
- Depth of character and personality
- Ability to communicate with athletes
- Technical knowledge of sport

PLAYING RULES Copies of playing rules for the various sports may be viewed through the program director.

GAME-PRACTICE SCHEDULING Games are scheduled by the CYO based upon team and gym availability. Practices are scheduled based on CSAL games and practices, the CYO game schedule, and coach and gym availability.

PLAYING The CYO does not provide awards.

GRIEVANCE PROCEDURE The program director is available to discuss program, sport, coach, or student-athlete problems or concerns. However, student-athletes and parents are urged to first discuss the problem or concern with the coach, where applicable and practicable. If further discussion is warranted, do so with the program director.

MIDDLE SCHOOL SOCCER

CHSPC participates in the Baton Rouge Soccer Association (BRSA) Middle School League. All games are played at the BREC Burbank Soccer Complex. This school-based sports program is administered by the program director, with the advice and assistance of the principal. The BRSA sports programming is dedicated to improving the youth sports experience for children in the community. The number one goal is for all participants to have a fun experience in the activity.

Boys Soccer

The boys soccer season begins in November and runs until the beginning of February. Practices are held after school, in the evenings, and on weekends depending on coach and field availability. Games are played on Saturday or Sunday. The league is divided into divisions based on age and level of playing. There is an end of season tournament that is played Thursday through Sunday.

Age\Grade Eligibility The BRSA middle school team is open to all 6th, 7th, and 8th graders.

Teams There will be a minimum of 14 student athletes and a maximum of 22 student athletes. If signup/turnout warrants, there will be multiple teams.

Girls Soccer

The girls soccer season begins in November and runs until the beginning of February. Practices are held after school, in the evenings, and on weekends depending on coach and field availability. Games are played on Saturday or Sunday. The league is divided into divisions based on age and level of playing. There is an end of season tournament that is played Thursday through Sunday.

Age\Grade Eligibility The BRSA middle school team is open to all 6th, 7th, and 8th graders.

Teams There will be a minimum of 14 student athletes and a maximum of 22 student athletes. If signup/turnout warrants, there will be multiple teams.

USE OF SCHOOL ATHLETIC FACILITIES AND EQUIPMENT

The athletic director is responsible for the use of school athletic facilities and school-sponsored athletic equipment under the general supervision of the principal. Availability of facilities is subject to the needs of the church parish and school.

FAN CONDUCT: CONTESTS AND PRACTICES

Fan conduct in the stands and the pressure this places on our student-athletes are major concerns. Fans should cheer a good play, avoid negative comments, and be supportive.

Fans should not shout instructions from the stands, and let the coach perform his or her duty. If you have a parent/coach problem, discuss it at the proper place and time.

Do not criticize or verbally abuse the student-athletes, coaches, or fans of either team. Our student-athletes must learn the respect due others. This is part of our character building process. It is not fair to ask them to show good sportsmanship if you do not act in a sportsmanlike manner. Parents and coaches should be leaders by their actions.

Do not criticize contest officials. They are dedicated individuals who love youth sports. They will, on occasion, make mistakes, but they should not be subjected to abuses from spectators.

Respect their decisions.

Anyone flagrantly violating this code of conduct will be asked to leave the premises by the site supervisor. The site supervisor for home games shall be the athletic director or someone designated by the athletic director.

PARENTS

PARENT PARTICIPATION Parent participation is a necessary part of a successful sports program. Parents are responsible for getting their child to practices and contests on time and with the necessary equipment and are to pick up their child after practice or a contest on time. Parents of students participating in the school-sponsored or school-based sports programs are scheduled to assist in the collection of admission charges and the manning of the concession area at home contests and at tournaments.

After rosters are determined and the league schedule received, a work schedule with specific assignments is prepared and distributed.

PARENT'S SPORTS CODE

I am the guiding force behind my child's attitude. What is said about coaches and teammates is reflective of my intent to mold positive character in my child.

I will support the efforts of my child more than the results.

I will do my part to encourage a positive environment off the field as well as on the field.

I show respect toward the officials, coaches and players of both teams.

I come to this game to support my team.

I supervise children under my care at the athletic event.

I will never drop children off unsupervised at an athletic event.

I am aware that my behavior sets an example for ALL to see.

PARENT PLEDGE

Prior to a student-athlete's participation in a school-sponsored or school-based sport, the student-athlete's parents must sign a pledge substantially in the following form:

PHILOSOPHY OF DIOCESE OF BATON ROUGE - Elementary and middle Catholic school-sponsored interscholastic athletic programs shall provide a medium by which students can:

- (1) Develop an awareness of their abilities.
- (2) Learn and improve athletic skills.
- (3) Acquire the true meaning of and practice sportsmanship.
- (4) Be a part of a team effort.
- (5) Enhance their self-esteem and feelings of belonging.
- (6) Form foundations for a healthy adult life style.

Such programs should emphasize the positive accomplishments of the individual through recognition, praise, and positive constructive criticism. Athletics should be a component of and interact with the spiritual, social, and academic components of the overall school program. Administration, faculty, staff, coaches, parents, and fans are necessary components in nurturing a positive Catholic athletic experience.

CATHOLIC SCHOOL ATHLETIC LEAGUE . The CSAL is organized to provide an opportunity for students enrolled in a Catholic school of the Diocese of Baton Rouge to participate in an organized interscholastic athletic program which is consistent with the philosophy and values of the Catholic schools of the Diocese of Baton Rouge.

CYO MISSION STATEMENT . The Baton Rouge CYO is a non-profit organization dedicated to promoting the family and individual character, discipline, responsibility, and leadership through quality recreation programs for the citizens of the Baton Rouge community.

CATHOLIC OF POINTE COUPEE EDUCATION COMMISSION . The purpose of athletics at Catholic of Pointe Coupee is to enhance the educational experience of students by teaching self-discipline and good sportsmanship and by fostering cooperative attitudes through teamwork. Students' improvement in skills and development of confidence shall take precedence over a favorable win-loss record.

